



FINGAL 10K

THE ROUTE:

(Start) Main Street Dublin Road Swords By Pass Seatown Road North Street Bridge Street Watery Lane Balheary Road South Bank Applewood Main Street Thornleigh Avenue Thornleigh Road Applewood Main Street Brides Glenn Park Ardcian Park St Cronins Avenue Brackenstown Road Church Road Dublin Road (Finish) Main Street



Race route





Kilometre marks



Tipperary Water stations

